

SENIOR ADVENTURES IN LEARNING AT CCBC FALL 2024



This fall, explore Senior Adventures in Learning at CCBC! Embark on your next hobby, friendship or learning opportunity. Take courses at CCBC Hunt Valley, Owings Mills, Catonsville, Essex and Dundalk or online.

ART

ART 957

Art History: A Project-Based Approach (NEW)

Explore art history uniquely! Engage in studio projects from different eras—become a cave painter, interpret portraits, make frescoes and design collages. \$20 materials fee due first class. Instructor: Daniel Shapiro.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31101	W(10)	10/2-12/11	1-2:30 p.m.	OM

ART 927

Basic Acrylic Painting Part 2

Advance your intermediate acrylic skills with techniques in perspective, spatial relationships, composition, color-work, brushwork and portrait painting while receiving expert critiques. Instructor: Alan Fink.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
31516	F(10)	9/27-12/13	10 a.m.-12 p.m.	Zoom

Individuals 60+ years old only pay fees.

For more information, call 443.840.2222 or visit ccbcmd.edu/seniors.

ART 839

Acrylic Painting #2

Elevate your acrylic painting prowess! Explore underpainting, tackle complex subject matter and receive personalized guidance and constructive critiques to perfect your art. Prerequisite: Basic Acrylic Painting. Instructor: Alan Fink.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
31528	R(10)	9/26-12/12	10 a.m.-12 p.m.	OM

ART 955

A Day in the Art Journal (NEW)

Explore life through an artist's eye. During supportive Zoom sessions, you'll craft unique journal pages inspired by quotes using pencils, markers, watercolors and more. All levels welcome. Instructor: Alina Kurbiel.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
31232	M(10)	9/30-12/2	1-3 p.m.	Zoom

ART 494

Adventures with Watercolor

Explore watercolors in this introductory course. Learn color theory, color mixing, still-life painting techniques and differences in tools/materials. Perfect for beginners. Instructor: Karen Ruberry.

Total Cost: \$78 (Tuition: \$0 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31503	R(10)	10/3-12/12	9:30-11 a.m.	EC

ART 080

Art in Photography

Master photographic techniques such as rule of thirds, photojournalistic eye and design principles, to infuse your photos with a wow factor. Instructor: Marcia Bornfriend.

Total Cost: \$76 (Tuition: \$0 Fees: \$76)

CRN#	Day/Ses.	Dates	Time	Location
31515	F(7)	10/11-11/22	10 a.m.-12 p.m.	OM

ARB 181

Drawing and Painting for the Senior Adult

Learn basic techniques for creating two-dimensional media, focusing on media use, techniques for desired effects and essential equipment for completing projects.

Total Cost: \$99 (Tuition: \$15 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
30936	F(8)	9/6-10/25	11:35 a.m.-1:35 p.m.	HV Instructor: Joseph Cassar
30935	F(8)	9/6-10/25	9:30-11:30 a.m.	HV Instructor: Joseph Cassar
31504	T(10)	10/1-12/3	1:30-3:30 p.m.	HV Instructor: Nan Howard

ART 902**Drawing Class Level 1**

Enhance your drawing skills in a supportive environment for beginners. Learn core principles, materials, simplifying shapes, perspective and straight-line techniques. Instructor: Negin Nejad Mohseni.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
30807	M(10)	9/30-12/2	10 a.m.-12 p.m.	HV

ART 903**Drawing Class Level 2**

Completed Drawing Level 1? Now, put your knowledge to work. Create a drawing project using either mechanical pencil and/or PanPastel and charcoal pencil. Instructor: Negin Nejad Mohseni.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
30791	M(10)	9/30-12/2	1-3 p.m.	HV

ART 043**Drawing for Beginners**

Unlock your drawing talent by learning to use lines, shapes, form, contour and perspective. Bring a 9"x12" or larger drawing pad, pencil and eraser. Supply list to follow. Instructor: Marcia Bornfriend.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
31093	T(10)	10/8-12/10	10 a.m.-12 p.m.	OM

ART 954**Enchanting Watercolor Journeys: Unleash Your Imagination (NEW)**

During supportive Zoom sessions, explore and create whimsical themes in watercolor, such as a mushroom world, where towering fungi and unique creatures come to life. All levels welcome. Instructor: Alina Kurbiel.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
31243	M(10)	9/30-12/2	9-11 a.m.	Zoom

ART 956**Fused Glass Art 101 (NEW)**

Discover the ancient art of kiln glass fusing from 1500 BC. Learn its history, vocabulary, (e.g. dichroic glass) and create stunning art pieces. \$55 materials fee due first class, payable to instructor. Instructor: Sally Shapiro-Gould.

Total Cost: \$79 (Tuition: \$0 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
31076	W(7)	9/4-10/16	11 a.m.-1 p.m.	HV

ART 074**Intermediate Drawing**

After "Drawing for Beginners," advance your skills with pen/ink, charcoal and pastels. Explore portrait, landscape and still-life techniques. Bring a pencil and an art pad, supply list to follow.

Instructor: Marcia Bornfriend.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
31065	T(10)	10/8-12/10	1-3 p.m.	OM

HIT 825**Introduction to Calligraphy (NEW)**

Discover the art of calligraphy for creative invitations, business cards and announcements. Learn about calligraphy techniques, styles, history and cultural impact. Instructor: Katie Guida.

Total Cost: \$96 (Tuition: \$20 Fees: \$76)

CRN#	Day/Ses.	Dates	Time	Location
30939	M(7)	10/14-11/25	1-3 p.m.	HV

ART 944**Landscape Painting for Everyone (NEW)**

Unleash your inner artist through landscape painting. Explore oil, watercolor and drawing. Master composition, set up and enjoy "en plein air" sessions, weather permitting. Knowledge of basic drawing skills required. Supply list will be discussed first class. Instructor: Jennifer Murtha.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
30821	W(10)	10/2-12/11	10 a.m.-12 p.m.	HV

ART 958**Mixed Media Mosaics (NEW)**

Learn mixed-media mosaics, combining mosaic and collage techniques and using materials like glass, ceramics and memorabilia to create art. Bring your collection to add to materials provided by the instructor. \$45 materials fee due first class, payable to instructor. Instructor: Sally Shapiro-Gould.

Total Cost: \$79 (Tuition: \$0 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
31238	W(7)	9/4-10/16	2-4 p.m.	HV

ART 891**Portrait and Oil Painting Combo**

Refine portrait and oil painting skills, focusing on lighting, posing and techniques. Bring a drawing pad, graphite pencils, kneaded eraser and a portrait photo to first class. Knowledge of basic drawing skills required. Supply list will be discussed first class. Instructor: Jennifer Murtha.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
30900	R(10)	10/3-12/12	10 a.m.-12 p.m.	HV

ART 904**Portrait Drawing Level 1**

Explore portrait drawing basics with Loomis and Reilly methods. Learn measuring techniques for portraiture and anatomy nuances for drawing lifelike portraits. Beginners welcome. Instructor: Negin Nejad Mohseni.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
30811	T(10)	10/1-12/3	10 a.m.-12 p.m.	HV

ART 905**Portrait Drawing Level 2**

Level up your skills! Create a portrait drawing project using a mechanical pencil and/or PanPastel and a charcoal pencil. Instructor: Negin Nejad Mohseni.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
30938	F(10)	10/4-12/13	2:30-4:30 p.m.	HV

ART 926**Realism in Pastels and Oils Part 2**

Master realistic art with charcoal, pastel and oil. Deepen skills in materials, composition, techniques and layering. Instructor: Alan Fink.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
31129	R(10)	9/26-12/12	1-3 p.m.	OM

ART 321**Watercolor Painting – Beginners/Intermediate**

Learn painting skills, including wash, dry brush and masking techniques for subjects such as landscapes, still life and portraits. Knowledge of basic drawing skills required. Supply list will be discussed first class.

Total Cost: \$99 (Tuition: \$15 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
30810	T(10)	10/1-12/3	10 a.m.-12 p.m.	HV
30931	R(10)	10/3-12/12	1-3 p.m.	HV

ART 949**Watercolor Pencil Painting**

Explore watercolor pencil techniques, learn color theory and complementary colors and practice blending, mixing and shadowing to add texture and dimension. Instructor: Trish Presley.

Total Cost: \$70 (Tuition: \$0 Fees: \$70)

CRN#	Day/Ses.	Dates	Time	Location
31066	T(6)	10/8-11/12	1-2:30 p.m.	OM

COMPUTERS

PCA 696

Android Phones and Tablets

Learn how to purchase and confidently use an Android smart device, including how to install and use apps, take photos, shoot videos and download books. Each student **MUST** bring their own devices to each class session. Instructor: Jason Knauer.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
30805	M(5)	10/21-11/18	10 a.m.-12 p.m.	HV

PCO 336

Basic iPad and iPhone for Seniors

Use your iPad and iPhone with ease! Learn to navigate the software, updates and apps. Explore your camera and iCloud to get the most from your devices. Instructor: Dona Rucci.

Total Cost: \$99 (Tuition: \$15 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
32054	R(10)	10/3-12/12	10 a.m.-12 p.m.	HV

PCO 406

Communicating with your Grandchildren Online

Learn to use social media to connect with the younger generation. Learn to find family, use private messages and keep accounts safe. Instructor: Holli Friedland.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
31068	T(4)	10/8-29	10:30 a.m.-12 p.m.	OM

PCO 260

Computers: Getting to Know Them #1

Gain computer basics in a relaxed class setting. Learn how to personalize and back up your device, use a mouse, access files, create emails, navigate browsers and set up security. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31070	S(5)	10/5-11/2	10 a.m.-12 p.m.	HV
30831	W(5)	11/6-12/11	10 a.m.-12 p.m.	CC

PCO 261

Computers: Getting to Know Them #2

Building on skills learned in Computers: Getting To Know Them #1, learn email operation, text modification, attachments, toolbar controls, text size, columns, stationery, signatures and receipts. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31071	S(5)	11/9-12/14	10 a.m.-12 p.m.	HV

PCO 293**Computers: Getting to Know Email**

Manage email accounts effectively by learning how to use text formatting, attachments, customizations, toolbars and block spam. Recommended, but not mandatory: Computers: Getting to Know Windows 10.

Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31062	M(5)	11/11-12/9	10 a.m.-12 p.m.	OM

PCO 295**Computers: Getting to Know Microsoft Excel**

Learn Microsoft Excel formulas, headers, passwords, timestamps, paintbrush, row and column resizing, cell formatting, freeze frames and more. Bring a flash drive to save work weekly. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
30926	S(5)	10/5-11/2	1-3 p.m.	HV
31529	R(5)	11/7-12/12	1-3 p.m.	OM

PCO 294**Computers: Getting to Know Microsoft Word**

Use Microsoft Word effectively to create documents. Explore the toolbar, dropdown menus and email merging. Prerequisites: Computers: Getting to Know Windows 10 and Computers: Getting to Know Email.

Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31531	R(5)	9/26-10/31	10 a.m.-12 p.m.	OM

PCO 292**Computers: Getting to Know Windows 10**

Learn to effectively use Windows 10 by personalizing your computer with screensavers and backgrounds, using a mouse, accessing files and programs, exploring back-up solutions and adding internet security.

Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31061	M(5)	9/30-10/28	10 a.m.-12 p.m.	OM

PCO 428**Family History Research with Familysearch.org**

Learn to use Familysearch.org for family history research. Understand how to access historical records, expand your family tree and ensure online security. Instructor: Dave Powell.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
30930	R(8)	10/3-11/21	1-2:30 p.m.	HV

PCO 435**Introduction to Artificial Intelligence (NEW)**

Explore the world of AI, from virtual assistants to self-driving cars. Understand AI's impact on daily life and industries through engaging lectures and hands-on activities. No prior technical knowledge needed.

Instructor: Ope Amodu.

Total Cost: \$96 (Tuition: \$20 Fees: \$76)

CRN#	Day/Ses.	Dates	Time	Location
31509	W(9)	10/2-12/4	1-2:30 p.m.	HV

PCA 782**Selling Online Successfully**

Learn to upload product information and sell products on eBay and Etsy, focusing on visual presentation, pricing, transaction security and shipping for successful online sales. Instructor: Dixie Cook.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
30822	W(8)	10/2-11/20	10-11:30 a.m.	HV

PCO 405**Understanding Artificial Intelligence**

Artificial intelligence (AI) has evolved into one of the fastest-growing technologies. Examine its advantages and disadvantages in today's uses and its potential for the future. Instructor: Don Finkelstein.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
31131	R(4)	10/10-31	1-2:30 p.m.	OM

PCO 426**Understanding Microsoft Outlook**

Learn Microsoft Outlook's latest features, including the new navigation bar, collaboration tools, email signatures, @mention, tips for an enhanced experience and basic messaging functions. Instructor: Carol Yingling.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
30973	S(1)	10/19	9:30 a.m.-3:30 p.m.	EC

COOKING**CKG 287****Breakfast Anytime (NEW)**

Learn to prepare breakfast dishes for any meal. Learn cooking terms and ingredient selection. Observe, assist and taste recipes like cinnamon roll French toast and asparagus casserole. \$40 materials fee due first class, payable to Michelle's Kitchen. Instructor: Michelle Sapp.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
31530	R(6)	10/24-12/5	10:30 a.m.-12 p.m.	OM

CKG 291**Deck the Halls with Holiday Appetizers (NEW)**

In this demo class, learn to make easy, delicious holiday appetizers, including French onion soup bites and mini-palmiers. The instructor will cook with students' involvement. Check for food allergies before registering. Instructor: Chef Michelle Sapp.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
31034	M(1)	12/9	10:30 a.m.–12 p.m.	HV

CKG 286**Jewish Holiday Cooking and More (NEW)**

Learn to make matzah balls, apple cake, brisket and more while learning about Jewish holidays and where to find key ingredients. \$40 materials fee due first class, payable to Michelle's Kitchen. Instructor: Michelle Sapp.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
30427	R(6)	8/29–10/10	10:30 a.m.–12 p.m.	OM

CKG 289**Thai Spices and Herbs (NEW)**

Learn Thai cooking basics, from spices to sauces. Enjoy a field trip to H-Mart for ingredients. Check for allergies before registering. \$15 food fee due at first session. IMPORTANT NOTE: 10/10 session will meet at Hunt Valley Extension Center. 10/17 session will meet at the H-Mart Asian Grocery Store located at 800 North Rolling Road, Catonsville, MD 21228. Instructor: Ang Robinson.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
31249	R(2)	10/10	6–8 p.m.	HV
31249	R(2)	10/17	12–2 p.m.	HV

CKG 290**Thanksgiving Leftovers (NEW)**

Learn to transform Thanksgiving leftovers into delicious dishes like mini turkey pot pies, broccoli walnut casserole and cranberry bars in this cooking class. Also covers recipe reading and kitchen safety. Instructor: Chef Michelle Sapp.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
31035	F(1)	11/8	10:30 a.m.–12 p.m.	HV

ESSENTIAL INFORMATION SERIES FOR SENIORS

PDV 357

Identity Theft: How to Recognize it and Avoid it

Protect yourself from identity theft by learning how it happens, how to spot red flags, how to reduce your risk and when to report suspicious activity. Instructor: Patrick Heline.

Total Cost: \$15 (Tuition: \$0 Fees: \$15)

CRN#	Day/Ses.	Dates	Time	Location
31284	T(1)	9/24	10:30–11:45 a.m.	HV

PDV 362

Informational Seminar for Seniors: CPR (NEW)

Join our CPR seminar to learn life-saving techniques, including chest compressions and rescue breaths and when to use CPR. Lunch at Barrett's Grill. Instructor: Trisheea Presley.

Total Cost: \$25 (Tuition: \$0 Fees: \$25)

CRN#	Day/Ses.	Dates	Time	Location
31277	R(1)	9/26	11:30 a.m.–12:45 p.m.	HV

FIN 063

Online Banking for Seniors (NEW)

Unlock the potential of online banking while keeping your finances secure. Join our senior-focused course to delve into the advantages and pitfalls of the digital landscape, gaining comfort and competence along the way. Instructor: Dona Rucci.

Total Cost: \$30 (Tuition: \$0 Fees: \$30)

CRN#	Day/Ses.	Dates	Time	Location
31279	R(1)	9/26	1–2:30 p.m.	HV

PDV 387

Safety Tips for Seniors (NEW)

Stay alert and safe! Boost your personal safety with effective tips for home and public settings. Learn to improve nighttime safety, hydrate properly, navigate your home, prevent falls and more. Instructor: Dona Rucci.

Total Cost: \$25 (Tuition: \$0 Fees: \$25)

CRN#	Day/Ses.	Dates	Time	Location
31278	R(1)	9/26	10–11:15 a.m.	HV

PDV 358

Scams: How to Recognize Them and Deal with Them

Become scam-aware! Recognize and protect against scams targeting seniors online, on the phone or in-person. Instructor: Patrick Heline.

Total Cost: \$15 (Tuition: \$0 Fees: \$15)

CRN#	Day/Ses.	Dates	Time	Location
31283	T(1)	9/24	2:30–3:45 p.m.	HV

PDV 359

Senior Informational Series: Social Security, Medicare and Protecting Your Identity and Assets

Explore the perks and risks of entering the Golden Years by providing an in-depth look at Social Security, Medicare, identity theft and scams.

Total Cost: \$50 (Tuition: \$5 Fees: \$45)

CRN#	Day/Ses.	Dates	Time	Location
31326	T(1)	9/24	9 a.m.–3:30 p.m.	HV

PDV 343

Demystifying Long-Term Care (NEW)

Explore long-term care costs and planning in Maryland, focusing on insurance, Continuing Care at Home programs, policy coverage, premium options and industry trends to make informed decisions.

Instructor: Amanda Young.

Total Cost: \$25 (Tuition: \$0 Fees: \$25)

CRN#	Day/Ses.	Dates	Time	Location
31276	F(1)	9/20	9:30 a.m.–12 p.m.	HV

PDV 356

Explaining Medicare and How It Works (NEW)

Learn about Medicare health coverage for seniors, which includes Parts A and B. Understand costs, additional coverage, enrollment periods, Medicare Advantage and supplement insurance to avoid penalties.

Instructor: Linda Hamill.

Total Cost: \$15 (Tuition: \$0 Fees: \$15)

CRN#	Day/Ses.	Dates	Time	Location
31281	T(1)	9/24	1–2:15 p.m.	HV

FIN 062

Explaining Social Security and How it Works (NEW)

Discover how to maximize Social Security benefits. Learn about tax law changes, crucial filing deadlines, spouse and survivor issues and retirement planning, including Medicare's role in healthcare expenses.

Instructor: Linda Hamill.

Total Cost: \$15 (Tuition: \$0 Fees: \$15)

CRN#	Day/Ses.	Dates	Time	Location
31280	T(1)	9/24	9–10:15 a.m.	HV

CRAFTS AND HOBBIES

PDV 350

Beginning Mahjong

Learn to play Mahjong! Explore the game's history and rules. Practice playing while receiving expert tips. Purchase a mahjong card at nationalmahjongleague.org. Instructor: Geri Willen.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
31095	T(6)	10/8-11/12	10-11:30 a.m.	OM

PDV 393

Games Gallery (NEW)

Discover a fun, healthy lifestyle with Games Gallery! Enjoy board games, trivia, cards and more. Develop skills, test your knowledge and socialize. Bring your favorite games to share! Instructor: Kim Bartosz.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31141	T(10)	10/1-12/3	11 a.m.-12 p.m.	CC
31142	W(10)	10/2-12/11	7-8 p.m.	CC

ART 967

Holiday Floral Arranging – Thanksgiving Table Centerpiece (NEW)

"Make your Thanksgiving table festive this holiday season by creating your own fresh floral table arrangement. Learn the basics of floral arranging and necessary tools. Materials fee due at first class, payable to instructor. Instructor: Mary Hansen.

Total Cost: \$15 (Tuition: \$0 Fees: \$15)

CRN#	Day/Ses.	Dates	Time	Location
32280	R(1)	11/14	10:30 a.m.-12 p.m.	HV

ART 968

Holiday Floral Arranging – Deck Out Your Christmas Table (NEW)

Dress up your table with your own Christmas floral arrangement! Learn floral arrangement basics, use tools and supplies and enjoy guided instruction. Materials fee due first class, payable to instructor. Instructor: Mary Hensen.

Total Cost: \$15 (Tuition: \$0 Fees: \$15)

CRN#	Day/Ses.	Dates	Time	Location
32279	T(1)	12/17	10:30 a.m.-12 p.m.	HV

ART 817

Introduction to Crochet

Master the essentials for crochet success! Learn hook/yarn selection, pattern reading and stitch mastery. Work on a semester project. Materials will be discussed in the first session. Instructor: Colleen Harbison.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
30833	W(10)	10/2-12/11	10 a.m.-12 p.m.	Zoom

ART 901**Jewelry Making with Wire Work: Make Your Own Accessories**

Join our jewelry-making class to learn wire work basics, tool uses and design your own pieces with clasps, links and beads. Discover the correct wire for every project. Materials fee: \$40, due first class, payable to instructor. Instructor: Jackie Orsini.

Total Cost: \$78 (Tuition: \$0 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
30893	W(6)	10/2-11/6	1-3:30 p.m.	HV

ART 953**Knitting for Beginners**

Learn knitting basics, including terminology, knit/purl stitches, casting on and binding off. Understand needle sizes and yarn types. \$18 materials fee due first class, payable to instructor. Instructor: Margi Granek.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
31514	M(6)	10/7-11/11	1-2:30 p.m.	OM

PDV 383**Learn to Play Canasta (NEW)**

Learn Canasta rules, scoring and strategic play with us! Learn with a partner, practice different hands and have fun! Instructor: Geri Willen.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
31063	M(6)	10/7-11/11	10-11:30 a.m.	OM

ART 914**Making Beautiful and Fun Greeting Cards**

Craft unique greeting cards! Learn techniques, styles and materials to create cards for all occasions. Bring scissors, ruler, pencils and tape. Materials fee: \$10, due first class. Instructor: Christine Tripson.

Total Cost: \$53 (Tuition: \$0 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
31154	M(4)	10/7-28	1-2:30 p.m.	OM

ART 936**Next Step: Beyond the Basics – Jewelry Making with Wire Work: Make Your Own Accessories (NEW)**

Advance your jewelry designs by mastering complex wirework techniques and tool usage. Personalize your pieces with clasps, links and beads. Basic wirework skills required. Materials fee due first class, payable to instructor. Instructor: Jackie Orsini.

Total Cost: \$74 (Tuition: \$0 Fees: \$74)

CRN#	Day/Ses.	Dates	Time	Location
30894	W(5)	11/13-12/18	1-3:30 p.m.	HV

PDV 374

The Ins and Outs of Counted Cross Stitch

Master cross-stitching fundamentals. Learn basic stitches, complete a project and prepare for future creations. \$10 materials fee due first class. Instructor: Barbara Ezratty.

Total Cost: \$53 (Tuition: \$0 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
31152	W(4)	10/9-30	1-2:30 p.m.	OM

GENEALOGY

HIT 997

Finding your Family Roots – Beginners

Research your family tree by exploring genealogy forms, techniques and sources, including digital tools. Learn about citations, pedigree charts and naming variations for thorough documentation. Instructor: Dave Powell.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31228	T(8)	10/1-11/19	1-2:30 p.m.	HV

HIT 990

Genealogy Research Using Land Records (NEW)

Enrich your ancestral history by exploring online land records. Lecture will take place at the Historical Society of Baltimore County located at 9811 Van Buren Lane, Cockeysville, MD 21030. Instructor: Dave Powell.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
31229	F(1)	12/6	1:30-3 p.m.	HSB

HIT 989

Genealogy Research Using Newspapers (NEW)

Explore historical narratives, articles and obits in online media to enrich your ancestral story. Lecture will take place at the Historical Society of Baltimore County located at 9811 Van Buren Land, Cockeysville, MD 21030. Instructor: Dave Powell.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
31230	F(1)	11/15	1:30-3 p.m.	HSB

HST 085

Understanding Genealogy Research (NEW)

In this course, learn genealogy basics, start your research, receive guided individual instruction, explore major and lesser-known websites and enhance your family tree. Instructor: Dave Powell.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
31227	F(4)	10/4-25	10 a.m.-12 p.m.	HV

HISTORY, POLITICS AND EVENTS

HIS 043

1692: The Salem Witch Trials (NEW)

Explore the Salem Witch Trials: a blend of superstition, fear and conflict leading to accusations, trials and executions. Examine a brief history of witchcraft and the Puritan belief system. Instructor: Dona Rucci.

Total Cost: \$99 (Tuition: \$26 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31077	T(6)	10/8-11/12	10 a.m.-12 p.m.	HV

WRI 223

20th Century American Literature

Explore the work of notable 20th-century American writers like F. Scott Fitzgerald, Kurt Vonnegut and others. Discover how history shaped their timeless writings. Instructor: Kris Faatz.

Total Cost: \$60 (Tuition: \$10 Fees: \$50)

CRN#	Day/Ses.	Dates	Time	Location
30975	F(10)	10/4-12/13	10-11:30 a.m.	Zoom

HIT 991

A Knight Without Armor: The American TV Western (NEW)

Explore the evolution of TV westerns. Discover classics like Roy Rogers and Hopalong Cassidy and learn western themes of alcohol, women, cowboys and gunfighters. Instructor: John Anderson, MD.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
31517	F(3)	10/11-25	10 a.m.-12 p.m.	OM

POS 057

A Pivotal Presidential Election (NEW)

Assess the final weeks of the 2024 U.S. elections. Explore candidates, key issues, legal challenges and threats to democracy. Examine policies and their implications on the country's future. Class will be held simultaneously in-person and on Zoom. Instructor: Barry Rascover.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
31127	R(4)	10/17-11/14	1-2:30 p.m.	OM
31128	R(4)	10/17-11/14	1-2:30 p.m.	Zoom

HST 098

American Icons and Legends: 1700s Unsung Heroes of Colonial America (NEW)

Uncover the unsung icons and legends of the era, including remarkable figures like John Woolman, Judith Sargent Murray, Peter Francisco and Nancy Hart. Class will be held simultaneously in-person and on Zoom. Instructor: Patrick Heline.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
32277	R(9)	10/3-12/5	9:45-11:15 a.m.	Zoom
32278	R(9)	10/3-12/5	9:45-11:15 a.m.	HV

HST 082**American Trivia: A Social History of the U.S. (NEW)**

Join us for a time-traveling adventure through U.S. society and culture. Uncover the evolution of language, food, drink, clothing, comics, radio, travel and more across eras in the nation's history. Instructor: David Hatch.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31233	M(10)	9/30–12/2	7–8:30 p.m.	Zoom

HIT 982**Archaeology Today: New Answers to Old Questions #2 (NEW)**

Explore recent archaeological finds, how they shape our understanding of the past and the threats to preserving our heritage. Study Egypt, Greece, Vikings, Colonial America, Pre-Columbian cultures and more.

Instructor: Robert Baer, PhD.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
31060	M(5)	10/28–11/25	10:30 a.m.–12 p.m.	Zoom

HST 083**Baltimore Stories: Scandals, Fire, Labor and More (NEW)**

Explore Baltimore's history through first-hand accounts of the great fire, local scandals, child labor and spy stories. Join us for a unique glimpse into the city's past. Instructor: Jennifer Liles.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31237	M(8)	10/7–11/25	1–2:30 p.m.	HV

HIT 996**Broadcasting Through Time: A History of Radio and Television (NEW)**

Explore radio and television's evolution from inception to the digital age, highlighting technological advancements, cultural significance and their continuing impact on global communication and entertainment.

Instructor: Clara Malafarina.

Total Cost: \$96 (Tuition: \$20 Fees: \$76)

CRN#	Day/Ses.	Dates	Time	Location
31134	T(7)	10/22–12/3	10 a.m.–12 p.m.	HV

HST 084**Civil Discourse: A Lesson in Civility (NEW)**

Civil discourse is essential in a democracy, fostering respect, understanding and compromise. This class explores its role and application in constructive communication within a pluralistic society. Instructor: Matthew Harding.

Total Cost: \$99 (Tuition: \$15 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
31036	W(10)	10/2–12/11	10 a.m.–12 p.m.	Zoom

HIS 143**First Ladies of the United States**

Explore the diverse roles of first ladies, from their personal lives to public duties, revealing their multifaceted contributions as spouses, mothers, ambassadors, hostesses and supportive partners. First Ladies to cover: Martha Washington to Dolly Madison. Class will be held simultaneously in-person and on Zoom.

Instructor: Patrick Heline.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
30933	R(6)	10/3-11/14	1:30-3 p.m.	Zoom
30932	R(6)	10/3-11/14	1:30-3 p.m.	HV

HIT 983**The History of Baltimore Schools: Public and Private (NEW)**

Discover Baltimore's school history, roles and influence. Compare public and private schools, explore their growth and discuss their community context. Share your own experiences! Instructor: Jennifer Liles.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31067	T(8)	10/8-11/26	1-2:30 p.m.	OM

HIT 985**History of Soviet Russia 1917-1992 (NEW)**

Trace Soviet Russia's rise and fall. Examine the causes of the Russian Revolution and Civil War, military emergence and Stalin's police state. Compare Imperial Russia, the Soviet Union and the current state.

Instructor: Richard Caballero.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31104	W(10)	10/2-12/11	1-2:30 p.m.	OM

HIT 998**History of the New York Times (NEW)**

Explore the remarkable journey and editorial development of The New York Times, from its roots in Chattanooga to its iconic status in New York City, as well as the newspaper's global expansion. Instructor: Harry Ezratty, Esq.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
31105	W(4)	10/9-30	1-2:30 p.m.	OM

HST 086**History of The Renaissance (NEW)**

Explore the European Renaissance (1300-1600), analyzing its impacts on modern culture, politics and trade through key events, figures and development. Instructor: Syed Uddin-Ahmed.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31235	W(10)	10/2-12/11	4-5:30 p.m.	Zoom

HST 093**Hopkins Heroes (NEW)**

Explore the founding of the world-renowned Johns Hopkins Hospital in Baltimore. Learn about the hospital's great discoveries and examine the impact of key figures, such as the four founding doctors. Instructor: Paula Mister.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
31247	M(4)	11/11-12/2	10 a.m.-12 p.m.	HV

HIT 986**Important Players in History Part X (NEW)**

Explore the compelling stories of Frederick Olmsted, Coco Chanel, the Borgias, Alice Roosevelt and Charles Dickens. Discover their achievements, setbacks and the enigmas surrounding those who disappeared.

Instructor: Nancy Lotz.

Total Cost: \$90 (Tuition: \$20 Fees: \$70)

CRN#	Day/Ses.	Dates	Time	Location
31241	W(7)	10/2-11/13	10:30 a.m.-12 p.m.	HV

ART 845**Peggy Guggenheim and the Art of Collecting**

Explore Peggy Guggenheim's extraordinary life, travels and renowned art collection, crafted from globetrotting adventures and in consultation with art luminaries, showcasing diverse international masterpieces.

Instructor: Joseph Cassar, PhD.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31151	T(8)	9/3-10/22	9:30-11 a.m.	Zoom

HIT 984**Public Lens Photojournalism and Documentary Photography in America (NEW)**

Explore photography's impact on American life since 1839 and its influence on war, the Great Depression, elections and civil rights. Discover how images are used to narrate compelling stories. Instructor: David Lavine.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31103	W(10)	10/2-12/11	11 a.m.-12:30 p.m.	OM

HST 094**Rock-N-Roll Series: Billboard #1 Hits from 1974, 1964 and 1954 (NEW)**

Explore the evolution of rock-n-roll over three decades, analyzing Billboard #1 hits of 1974, 1964 and 1954, their stories, artists' influence and the genre's founding elements. Instructor: Patrick Heline.

Total Cost: \$53 (Tuition: \$0 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
31338	S(3)	11/9-23	10 a.m.-12 p.m.	HV

HST 091**Survey of Classical Music Part I (NEW)**

Gain an introduction to Western classical music, from the 12th century to the present. Learn about Medieval, Renaissance and Baroque music, how music has changed, composers' styles and popular instruments.

Instructor: Kris Faatz.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31078	W(5)	10/9-11/6	10 a.m.-12 p.m.	HV

HIT 988**The American Civil Rights Movement (NEW)**

The 20th-century Civil Rights movement transformed America. Learn how sit-ins and legal victories left a lasting legacy of social justice and lessons for contemporary society. Instructor: Robert Baer, PhD.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
30990	F(8)	10/4-11/22	10-11:30 a.m.	HV

ART 622**The Genius of Pablo Picasso**

Learn about the art world genius who remains relevant with his distinct style and periods: Blue, Rose, Cubism, African-Influenced, Crystal and Neoclassical. Instructor: Joseph Cassar, PhD.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31150	R(8)	9/5-10/24	9:30-11 a.m.	Zoom

HST 096**Unions on the Railroad 1827-2024 (NEW)**

All aboard! Explore the evolution of railroads and the development of unions. Examine the early construction, challenges and triumphs of railroad workers. Instructor: Bill Barry.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31580	R(7)	10/17-12/5	10-11:30 a.m.	Zoom

HIT 978**U.S. Supreme Court and Its Decisions for Term 2023 and 2024**

Step into the heart of judicial decision-making at the U.S. Supreme Court! Delve into recent cases on constitutional rights like gun ownership, abortion and voting rights. Engage in lively discussions, dissecting justices' opinions and exploring the court's historic rulings and judicial philosophies. Instructor: Deena Dugan.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
31532	R(5)	10/10-11/7	10-11:30 a.m.	OM

POS 056

The Wild, Wild White House: History of Presidential Pets

Whether traditional pets, like cats, dogs, fish or birds or more exotic, even absurd ones like goats, snakes, cows, turkeys, raccoons or even a parrot that swore, examine the wild side of the presidency and the pets that have been forgotten to history. Class will be held simultaneously in-person and on Zoom.

Instructor: Patrick M. Heline.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
30978	R(9)	10/3-12/5	11:30 a.m.-12:30 p.m.	HV
30983	R(9)	10/3-12/5	11:30 a.m.-12:30 p.m.	Zoom

HIT 818

The Scottish-American Identity

Explore the impact on America as Scottish culture spreads around the world. Learn about those Scots who were instrumental in the American Revolution and the War of 1812. Investigate the absorption of Scottish music, language and folklore into American culture.

Total Cost: \$94 (Tuition: \$20 Fees: \$74)

CRN#	Day/Ses.	Dates	Time	Location
30929	W(10)	9/11-11/20	1:30-2:45 p.m.	HV

HIS 158

U.S. Supreme Court and the Bill of Rights

Examine the 10 amendments within the U.S. Constitution's Bill of Rights and their effect on Supreme Court Decisions in history. In addition, students will examine and discuss various Supreme Court decisions that attempted to define and redefine in clear terms what these amendments mean and how they are interpreted.

Instructor: Deena Dugan.

Total Cost: \$86 (Tuition: \$20 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
31240	T(6)	10/8-11/12	1-2:30 p.m.	HV

HIS 738

The History and Value of Antiques (NEW)

Learn about the fundamentals and historic periods of antiques including discussions of artwork, collectables, porcelain, glassware, sterling silver and furniture. Explore the difference between an antique and a reproduction and assess the historic changes in styles. Discover research tools, care and maintenance of antiques and how and where to liquidate antiques. Instructor: Dixie Cook.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
30901	R(10)	10/3-12/12	10-11:30 a.m.	HV

HUMANITIES AND CULTURE

PDV 346

50 Ways to Leave Your Clutter

So long, clutter! Develop decision-making skills and strategies to help you create a more organized and relaxing home. Discover resources that will take your unneeded items. Instructor: Cindy Bernstein.

Total Cost: \$53 (Tuition: \$0 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
31132	R(4)	10/24-11/14	1-2:30 p.m.	Zoom

POS 050

Comparative Political Theology of Christianity, Islam and Judaism (NEW)

Explore the fusion of religious ethics and political values in Christianity, Judaism and Islam, focusing on law, social justice, diversity and more for a thought-provoking exploration of faith and governance.

Instructor: Jose Lopez-Gonzalez.

Total Cost: \$99 (Tuition: \$15 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
31242	M(10)	9/30-12/2	10:30 a.m.-12:30 p.m.	HV

HST 087

Cultural Geography: People, Places and Society (NEW)

Analyze and explore the principles of human geography and how it shapes world regions today. This course covers migration, language, religion, economics, culture and more. Instructor: Syed Uddin-Ahmed.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31234	M(8)	10/7-11/25	4-5:30 p.m.	Zoom

HST 081

Exploring the Bible Through Kabbala (NEW)

Examine several stories of the Bible and Jewish customs through the lens of Kabbalistic principles and tenets, using the 19th-century text "Likutei Moharan" as a guide. Class will be held simultaneously in-person and on Zoom. Instructor: Charles Hanna.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31525	M(10)	10/7-12/9	10:30 a.m.-12 p.m.	OM
31526	M(10)	10/7-12/9	10:30 a.m.-12 p.m.	Zoom

PFA 191**Learning about Contemporary Issues and Ideas**

Analyze and evaluate current issues and ideas that influence contemporary American society. View political situations, economic conditions and cultural issues as well as local, national and international news.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
30828	M(10)	9/30–12/2	10:30 a.m.–12 p.m.	Zoom Instructor: Matthew Harding
30824	T(10)	10/8–12/10	10:30 a.m.–12 p.m.	HV Instructor: Deena Dugan

HIT 994**The Transcendentalist Writers: Emerson, Thoreau and Whitman (NEW)**

Join us as we investigate America's first truly counterculture movement: The Transcendentalist. In this course, students will read and discuss several of the most notable members of this movement such as Ralph Waldo Emerson, Henry David Thoreau, Margaret Fuller, Walt Whitman and more. Students will learn about the long-term influence of the Transcendentalists had on other great minds such as Gandhi, Leo Tolstoy, Martin Luther King, Jr. and more. Instructor: Rob Jacobs.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31079	W(10)	10/2–12/11	10–11:30 a.m.	HV

HIT 957**World Cultures: Diversity of Ethnicity (NEW)**

Immerse in global cultures, cuisines, and traditions to reduce misrepresentation and ease ethnic tensions. Explore communication's role in cultural conflict and explore strategies for harmony. Instructor: Sudeep Mohandas.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31040	M(6)	9/30–11/4	10 a.m.–12 p.m.	HV

LANGUAGES**FLA 426****Spanish for Beginners I**

Learn conversational Spanish, including basic conversational skills, reading comprehension, grammar and writing responses, such as greetings. Practice vocabulary, pronunciation and common expressions while exploring Spanish culture. Workbook recommended, will be discussed in class. Instructor: Bertha Narvaez-Ortiz.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31507	T(6)	9/10–10/15	1–3 p.m.	EC

FLA 224

Spanish for Beginners Part II

Advance your Spanish conversational, reading and writing skills by practicing pronunciation, vocabulary and the proper use of adjectives, adverbs, verbs, prepositions and more. Learn what makes the Spanish language distinctive. Workbook recommended and will be discussed during first class. Instructor: Bertha Narvaez-Ortiz.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31508	T(7)	10/22-12/3	1-3 p.m.	EC

FLA 088

Conversational Spanish for Beginners

Learn basic conversational Spanish for greetings, introductions, conversations, travel, shopping and expressing needs and feelings. Gain an awareness of the cultural diversity of Latin America. Instructor: Jean Meyer.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31094	W(10)	10/2 - 12/11	10-11:30 a.m.	OM

FLA 093

Conversational Spanish for Beginners Part 2

Advance your Spanish skills to express needs and feelings, expand vocabulary, recognize items and engage in longer conversations. Prerequisite: FLA 088. Instructor: Jean Meyer.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31102	T(10)	10/8-12/10	10-11:30 a.m.	OM

CCBC AT MANOR MILL

ART 923

Broom Making (NEW)

Explore the traditional Appalachian art of crafting a Turkey Wing and Fan Whisk broom. Materials fee due first class. Location: Manor Mill Educational Center located at 2029 Monkton Road, Monkton, MD 21111.

Total Cost: \$65 (Tuition: \$0 Fees: \$65)

CRN#	Day/Ses.	Dates	Time	Location
31511	M(1)	11/4	10 a.m.-12:30 p.m.	MME

ART 919

Ceramic Ornaments (NEW)

Craft clay ornaments using cookie cutters, stamps and texture tools and finish by applying underglaze. They will be fired for holiday pickup. Create 8-12 ornaments to gift or keep. Class will take place at the Manor Mill Educational Center located at 2029 Monkton Road, Monkton, MD 21111.

Total Cost: \$65 (Tuition: \$0 Fees: \$65)

CRN#	Day/Ses.	Dates	Time	Location
31512	M(1)	12/2	10 a.m.-12 p.m.	MME

ART 920**Evergreen Wreaths (NEW)**

Enjoy a wreath-making workshop. Learn techniques, watch a demo and create your holiday masterpiece with fresh local evergreens and accents. Location: Manor Mill Educational Center located at 2029 Monkton Road, Monkton, MD 21111. Instructor: Courtney from Spore and Seed.

Total Cost: \$65 (Tuition: \$0 Fees: \$65)

CRN#	Day/Ses.	Dates	Time	Location
31513	M(1)	12/9	10 a.m.–12 p.m.	MME

ART 951**Plein Air Outdoor Painting (NEW)**

Enjoy a painting lesson outdoors at Manor Mill and gain beginner techniques. Choose landscapes, houses or flowers on the property as your subject. All materials included. Class will take place at the Manor Mill Educational Center located at 2029 Monkton Road, Monkton, MD 21111.

Total Cost: \$60 (Tuition: \$0 Fees: \$60)

CRN#	Day/Ses.	Dates	Time	Location
30286	M(1)	9/23	1–3 p.m.	MME

ART 952**Stained Glass for Beginners (NEW)**

Explore the joy of making stained glass. Learn about colors, textures, design rules and the process. No experience needed, materials included. Location: Manor Mill Educational Center located at 2029 Monkton Road, Monkton, MD 21111.

Total Cost: \$180 (Tuition: \$0 Fees: \$180)

CRN#	Day/Ses.	Dates	Time	Location
31510	M(2)	10/14–21	10 a.m.–1:15 p.m.	MME

LEARN LECTURES**POS 051****Current Status of Reproductive Rights in the United States (NEW)**

Explore U.S. reproductive rights, analyzing Supreme Court rulings such as Roe v. Wade and Dobbs and assessing the impact on women's healthcare and reproductive freedom. Instructor: Deena Dugan.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
31245	F(1)	11/15	10 a.m.–12 p.m.	HV

HIT 894

John Lennon: The Dakota Years (NEW)

Explore John Lennon's "Dakota Years" (1973–1980) in NYC, his life as a "househusband" and his return to music before his tragic death. Instructor: Amy Andrews.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
31072	S(1)	12/7	10:30 a.m.–12 p.m.	HV

HST 088

The Marvelous Dr. Mutter and the Mutter Museum (NEW)

Dr. Thomas Mutter was a lesser-known pioneer of medical techniques and compassionate care that reshaped American medicine. Explore his life and legacy, which is preserved at Philadelphia's Mutter Museum.

Instructor: Paula Mister.

Total Cost: \$35 (Tuition: \$0 Fees: \$35)

CRN#	Day/Ses.	Dates	Time	Location
31074	F(1)	11/8	10:30 a.m.–12 p.m.	HV

LUNCH AND LEARN

CKG 288

Lunch with Bobby Flay (NEW)

Explore Chef Bobby Flay's rise from culinary student to TV star and 43-time chef winner, known for his Southwest-style cooking, including signature dishes like flank steak tacos. \$20 materials fee due first class, payable to Michelle's Kitchen. Instructor: Michelle Sapp.

Total Cost: \$30 (Tuition: \$0 Fees: \$30)

CRN#	Day/Ses.	Dates	Time	Location
31327	M(1)	12/12	10:30 a.m.–12:30 p.m.	OM

HIT 976

Lunch with Emeril Lagasse (NEW)

Learn about Emeril Lagasse, the famed chef who popularized New Orleans cuisine. View a demo of his shrimp creole and banana cream pie recipes, then savor these dishes for lunch. \$20 materials fee due first class, payable to Michelle's Kitchen. Instructor: Chef Michelle Sapp.

Total Cost: \$30 (Tuition: \$0 Fees: \$30)

CRN#	Day/Ses.	Dates	Time	Location
30507	M(1)	9/9	10:30 a.m.–12:30 p.m.	OM

WRI 159

Mysteries of Merlin the Magician (NEW)

Discover Merlin, the legendary sorcerer, seer and shapeshifter who was pivotal in King Arthur's ascent to Camelot's throne and holds a complex portrayal in Western civilization's imagination. Lunch to follow at Glyndon Grill. Instructor: Robert Baer, PhD.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
31522	M(1)	12/2	10:30 a.m.–12:30 p.m.	OM

HIT 979

Old Hickory: Andrew Jackson (NEW)

Learn about Andrew Jackson, who was shaped by frontier life and the Revolution. Despite military successes, policies harmful to Native Americans marred his presidency. Lunch to Follow at BlueStone Restaurant. Instructor: Dr. Lester Brooks.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
31039	F(1)	9/20	10:30 a.m.–12 p.m.	HV

HST 080

Paul Robeson, Unsung Renaissance Man (NEW)

Learn about Paul Robeson, of "Old Man River" fame. The American artist, actor, athlete and activist was celebrated in Europe and Africa, but faced humiliation in the U.S. Lunch to follow at the Glyndon Grill. Instructor: Bettye Holt-Haskins.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
31521	W(1)	10/16	10:30 a.m.–12 p.m.	OM

POS 054

Presidential Evaluation: Martin Van Buren (NEW)

Explore the life and legacy of Martin Van Buren, America's 8th president and "first career politician." Uncover his pivotal contributions, leadership and impact. Lunch to follow at Pappa's Restaurant in Cockeyville. Instructor: Dr. Lester Brooks.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
30988	F(1)	12/6	10 a.m.–12 p.m.	HV

HIT 980

Presidential Evaluation: Rutherford B. Hayes (NEW)

Explore the nuanced legacy of Rutherford B. Hayes, the 19th U.S. president. Amid rampant political corruption, his integrity and leadership stand out, highlighting a figure often overshadowed in American history. Lunch to follow at BlueStone Restaurant. Instructor: Patrick Heline.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
30986	F(1)	10/4	10 a.m.–12 p.m.	HV

HIT 993

Stained Glass of Baltimore

Join the author of "Through a Glass Darkly: The Social History of Stained Glass in Baltimore" to explore how these windows reflect Baltimore's history of racial, ethnic and religious segregation. Lunch to follow at Glyndon Grill. Instructor: Linda Rabben.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
31523	W(1)	10/23	10:30 a.m.–12 p.m.	OM

HIT 972

The Race for President Hits High Gear

Explore the 2024 election, dissecting candidates' agendas, key issues and polls. Analyze battleground states, media influence and threats to democracy, including abortion debates and electoral predictions. Lunch to follow at Glyndon Grill. Instructor: Barry Rascovar.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
30509	T(1)	9/3	10:30 a.m.–12 p.m.	OM

POS 058

What Happened on Election Day? (NEW)

Assess the results of the 2024 election. Explore key swing-vote issues, policy impacts and Electoral College influence amid significant post-election legal and political disputes. Lunch to follow at Glyndon Grill. Instructor: Barry Rascovar.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
31520	T(1)	11/12	10:30 a.m.–12 p.m.	OM

POS 053

The Golden Age of Athens (NEW)

Dive into the Golden Age of Athens, 5th century BCE, marked by extraordinary advancements in philosophy, drama and architecture and epitomized by the Parthenon, Socrates, statesman Pericles and notable playwrights. Lunch to follow at Barrett's Grill. Instructor: Dr. Bob Baer.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
31038	F(1)	9/27	10 a.m.–12 p.m.	HV

MUSIC

HIT 949

A History of Broadway and Broadway Musicals Part I

Explore Broadway's history, focusing on early days, iconic musicals and the explosive growth during the Roaring '20s. Instructor: Ellen Katz.

Total Cost: \$78 (Tuition: \$20 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
30136	W(5)	11/6-12/11	10-11:30 a.m.	HV

HST 097

Clarinetists of the Swing Era

Explore the clarinet's impact on jazz in the Swing era through figures like Goodman and Shaw. Use recordings, discussions and live performances to uncover its influence in 20th century American music. Instructor: Seth Kibel.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31581	F(7)	10/11-11/22	10:30 a.m.-12 p.m.	OM

HIT 896

Concert Piano Performance with Kris Faatz

Join a classical piano adventure with Kris Faatz, who will showcase pieces from the Renaissance to Modern eras and discuss the music's history. Q&A to follow. Instructor: Kris Faatz.

Total Cost: \$30 (Tuition: \$0 Fees: \$30)

CRN#	Day/Ses.	Dates	Time	Location
30804	M(1)	12/9	10-11:30 a.m.	HV

HIT 923

Music Revolution: Dick Clark's U.S. American Bandstand

Explore Dick Clark's legacy as host of American Bandstand, where he was among the first to integrate live audiences racially and he introduced iconic music artists to America. Class will be held simultaneously in-person and on Zoom. Instructor: Jackie Dailey.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
30898	R(4)	10/3-24	10:30 a.m.-12 p.m.	Zoom
30897	R(4)	10/3-24	10:30 a.m.-12 p.m.	CC

HIT 943

Windows into Jazz and Improvised Music (NEW)

This course explores jazz history and practice, highlighting key recordings, improvisation, instrument evolution and its influence on genres like Brazilian choro and South African jazz. Instructor: Paul Faatz.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
30827	T(10)	10/1-12/3	1-2:30 p.m.	HV

PHOTOGRAPHY

ART 704

Introduction to Digital Photography

Become a confident digital camera user in this class. Learn the various symbols and buttons, organizing, printing, storing and sharing images. Bring your camera to class. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31177	M(5)	9/30–10/28	1–3 p.m.	OM
30832	W(5)	10/2–30	10 a.m.–12 p.m.	CC

ART 821

Digital Photograph Enhancement

Learn how to enhance, edit and touch-up digital images and restore faded and torn photographs with Photoshop and other free programs. Prerequisite: ART 704. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31176	M(5)	11/11–12/9	1–3 p.m.	OM

PCA 899

Photography for Mobile Devices

Master photography with your smartphone. Explore camera functions, composition, lighting, focus, editing and develop a photographer's mindset through practical exercises. Each student **MUST** bring their own device to each class session. Instructor: Jason Knauer.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
30792	M(8)	10/7–11/25	1–2:30 p.m.	HV

TOURS

HIT 744

Green Mount Cemetery Walking Tour

During a two-hour walking tour, discover the history of the Green Mount Cemetery, constructed in 1838 with Gothic Revival architecture. Meet at the main entrance, 1501 Greenmount Avenue, Baltimore. Parking available.

Total Cost: \$30 (Tuition: \$0 Fees: \$30)

CRN#	Day/Ses.	Dates	Time	Location
30080	S(1)	9/28	9:30–11:30 a.m.	OSX

HIT 912**Out of the Ashes: Walking Tour of the Great Baltimore Fire of 1904 (NEW)**

Take a walking tour on the devastating path of Baltimore's great 1904 fire. Learn about heroic firefighting efforts and the drive to rebuild. Instructor: Bev Rosen.

Total Cost: \$30 (Tuition: \$0 Fees: \$30)

CRN#	Day/Ses.	Dates	Time	Location
30513	T(1)	9/17	10:30 a.m.–12 p.m.	CVS

HST 079**Tour the Inner Harbor: Planning and Architecture (NEW)**

Experience Baltimore's Inner Harbor! Explore original plans, iconic architecture, the rich history of Federal Hill, the Rouse Company and more. Join us at the Science Center's waterfront for an unforgettable journey.

Instructor: David Gleason.

Total Cost: \$30 (Tuition: \$0 Fees: \$30)

CRN#	Day/Ses.	Dates	Time	Location
31524	W(1)	10/9	10:30 a.m.–12 p.m.	OSX

HIT 788**Walking Tour of Little Italy**

Explore Little Italy's rich history, architecture and notable figures. Visit St. Leo's Church and enjoy a traditional Italian lunch at Sabatino's. Instructor: Sally Johnston.

Total Cost: \$64 (Tuition: \$0 Fees: \$64)

CRN#	Day/Ses.	Dates	Time	Location
31331	W(1)	10/30	10:30 a.m.–12 p.m.	SBR

HIT 973**Walking Tour of Patterson Park (NEW)**

Explore the history of Baltimore's oldest city park, including its impactful design, Pagoda centerpiece, plus it's role in the War of 1812 and the Civil War. Instructor: Johns Hopkins.

Total Cost: \$30 (Tuition: \$0 Fees: \$30)

CRN#	Day/Ses.	Dates	Time	Location
30525	W(1)	8/28	10:30 a.m.–12 p.m.	OSX

WELLNESS AND FITNESS**FIT 073****Aerobics for the Senior Adult: A Low Impact Routine**

Keep fit with our low-impact workout blending cardio and body toning. Ideal for beginners seeking a fun, safe routine. Instructor: Nina Bazemore.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
30902	R(10)	10/3–12/12	12–1 p.m.	HV

FIT 047**Basic Self Defense**

Learn how to effectively protect yourself and develop valuable self-defense techniques while you get in shape. All skills and ability levels are welcome. Instructor: Paul Jakubowski.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31133	T(10)	10/1-12/3	9:30-10:30 a.m.	HV

FIT 169**Beginners Tennis for Seniors (NEW)**

Learn tennis basics, including strokes, scoring, doubles positioning and safety rules. Experience not required, racquets provided. Wear comfortable, weather-appropriate clothes and tennis shoes to class and bring water. Class will take place at the Pine Valley Swim and Tennis Club located at 4638 White Marsh Road, Baltimore, MD 21237. Tennis Courts are located at the top of the hill.

Total Cost: \$110(Tuition: \$0 Fees: \$110)

CRN#	Day/Ses.	Dates	Time	Location
31251	W(8)	9/11-10/30	10-11 a.m.	PVS
31250	S(8)	9/14-11/2	9-10 a.m.	PVS

PDV 379**Brain Health Strategies (NEW)**

Enhance brain health through memory and brain games, stress reduction, nutritious foods, social activities and laughter. Learn mental techniques for brain aging reversal and incorporate weekly fun activities. Instructor: Joanna Brandt.

Total Cost: \$99 (Tuition: \$21 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
31518	F(10)	9/27-12/13	10:30 a.m.-12 p.m.	OM

FIT 083**Chair Pilates**

Improve core strength, balance, posture and flexibility with chair yoga. Exercises support muscle strength, mental clarity, stress reduction and joint pain relief and are designed to boost independence and life quality. Instructor: Sandi Rubin.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
30976	F(10)	10/4-12/20	10:30-11:30 a.m.	Zoom
30991	F(10)	10/4-12/13	10-11 a.m.	HV
31052	M(10)	10/7-12/9	9:30-10:30 a.m.	OM

FIT 120**Chair Yoga**

Learn how to adapt traditional yoga asanas (postures) to be performed with a chair, without any pressure on your hands, wrists or knees. Designed for anyone with limited mobility.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
30808	T(10)	10/1-12/10	9:30-10:30 a.m.	Zoom Instructor: Sandi Rubin
30820	W(10)	10/2-12/11	10-11 a.m.	HV Instructor: Maura-Leigh Ingegno

FIT 830**Drummin' in the Valley (NEW)**

Discover drumming as a fun, effective program that offers therapeutic benefits, stress relief and joy. Perfect for all ages, equipment provided. Just bring a positive attitude! Instructor: Al Muehlberger.

Total Cost: \$58 (Tuition: \$0 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
31336	S(10)	10/5-12/14	10-11 a.m.	HV

FIT 123**Gentle Yoga**

Stretch your way to health! Learn and practice basic poses and breathing exercises for enhanced well-being, joint alignment and relaxation. Bring a yoga mat and wear comfy clothes.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31153	M(10)	10/7-12/9	11 a.m.-12 p.m.	OM Instructor: Debbie Vojik
32685	M(10)	9/30-12/2	5-6 p.m.	DC Instructor: Angie Carpenter
32684	W(10)	10/2-12/11	12-1 p.m.	HV Instructor: Maura-Leigh Ingegno

PDV 395**How to Avoid Medication Errors**

Learn to prevent medication errors using strategies, communication techniques and tools. Create a detailed medication list and use online resources to enhance medication safety. Instructor: Denise Baugh.

Total Cost: \$73 (Tuition: \$20 Fees: \$53)

CRN#	Day/Ses.	Dates	Time	Location
31519	F(4)	10/18-11/8	10:30 a.m.-12 p.m.	OM

FIT 149**Introduction to Tap Dancing for Seniors**

Step into the world of dance. Learn basic tap-dancing skills, rhythms and simple routines. Tap shoes optional. Amazon has affordable options. Instructor: Kathy Lally.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31231	R(10)	10/3-12/12	1-2 p.m.	EC

FIT 150**Line Dancing for Seniors**

Embrace line dancing fearlessly! Master basic steps for five or more diverse line dances, perfect for beginners. No partner required. Instructor: Joseph Leskovar.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
30971	F(10)	10/4–12/13	10–11 a.m.	EC

FIT 145**Lively Drumming for Better Health and Wellness**

Join our fun exercise program! Dance to the beat, improve health and relieve stress. All equipment included. Dress comfortably. Instructor: Rachael Fuller.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
32722	M(10)	9/30–12/2	1:30–2:30 p.m.	HV
30812	T(10)	10/1–12/3	11:30 a.m.–12:30 p.m.	HV

FIT 125**Low Impact Cardio, Mobility and Strength Exercises**

Learn low-impact aerobic exercises, cardio workout techniques, strength building and gentle stretching for improved mobility and fitness. Instructor: Debbie Vojik.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
31527	R(10)	9/26–12/12	10–11 a.m.	OM

PDV 301**Mindfulness Meditation**

Embrace the calm. Discover techniques to quiet your mind, reduce stress and boost your emotional, physical and mental health. Instructor: Eva Sivan, Ph.D.

Total Cost: \$58 (Tuition: \$0 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
31097	T(8)	10/8–11/26	10–11 a.m.	Zoom

FIT 162**Pickleball for Beginners**

Learn pickleball in eight weeks! Master hitting, serving, rallying, scoring and rules. Get expert instruction, in-game feedback and safety tips. Court attire required. Bring water. Equipment provided.

Total Cost: \$110 (Tuition: \$0 Fees: \$110)

CRN#	Day/Ses.	Dates	Time	Location
31143	T(8)	9/3–10/22	1–2 p.m.	CC Instructor: Kim Bartosz
31144	R(8)	9/5–10/24	1–2 p.m.	CC Instructor: Kim Bartosz
30896	T(8)	9/10–10/29	9–10 a.m.	PVS Pine Valley Tennis and Swim Club located at 4638 White Marsh Road, Baltimore, MD 21237
31505	W(8)	9/18–11/6	9–10 a.m.	CMR Coppermine Racquet and Fitness Club located at 1726 Reisterstown Road, Pikesville, MD 21208

FIT 163**Pickleball Skills and Drills: Beyond Beginners**

Enhance your pickleball skills in eight weeks. Refine dinking, serving, positioning and strategy. Court attire required. Bring water and paddles. Prerequisite: Beginner's course or equivalent skills.

Total Cost: \$110 (Tuition: \$0 Fees: \$110)

CRN#	Day/Ses.	Dates	Time	Location
30895	T(8)	9/10–10/29	10:30–11:30 a.m.	PVS Pine Valley Tennis and Swim Club located at 4638 White Marsh Road, Baltimore, MD 21237
31506	W(8)	9/18–11/6	1–2 p.m.	CMR Coppermine Racquet and Fitness Club located at 1726 Reisterstown Road, Pikesville, MD 21208

FIT 143**Standing Pilates**

Let's get vertical! Improve your core by adapting mat Pilates to standing exercises. Enhance your posture, flexibility and functionality with a low-impact workout perfect for seniors and beginners. Instructor: Jackie Dailey.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
30806	M(9)	10/7–12/2	11:30 a.m.–12:30 p.m.	CC

FIT 178**Standing Pilates**

Boost your core strength and balance with standing Pilates! Improve your coordination, posture, flexibility and mobility to reduce fall risk. Develop a regular Pilates routine for home. Instructor: Jackie Dailey.

Total Cost: \$48 (Tuition: \$0 Fees: \$48)

CRN#	Day/Ses.	Dates	Time	Location
31130	R(4)	10/31–11/21	12–1 p.m.	OM

FIT 094**Tai Chi I**

Reclaim vitality with "Dance of Life!" Tai Chi enhances coordination and balance through gentle movements. Suitable for all ages. Wear comfortable clothes and flat shoes.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
30899	R(10)	10/3–12/12	9:30–10:30 a.m.	EC Instructor: Jeff Zukor
30992	F(10)	10/4–12/13	9:30–10:30 a.m.	HV Instructor: Paul Jakubowski
31069	F(10)	10/4–12/13	9:30–10:30 a.m.	DC Instructor: Jeff Zukor
30972	S(10)	10/5–12/14	9–10 a.m.	EC Instructor: Ed Livingston

FIT 091**Tai Chi II**

Deepen your Tai Chi practice for advanced mastery of breathing, weight shifts and movement. Prerequisite: FIT 094. Instructor: Paul Jakubowski.

Total Cost: \$68 (Tuition: \$0 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location
30993	F(10)	10/4-12/13	11 a.m.-12 p.m.	HV

FIT 144**Walking Around Baltimore: Exploring the NCR Trail**

Explore the Northern Central Railroad Trail for exercise, history and fun during 3-hour walks over five Saturdays. Orientation is on the first Saturday at Wegman's in the Hunt Valley Towne Centre. Instructor: Robin Minor.

Total Cost: \$66 (Tuition: \$0 Fees: \$66)

CRN#	Day/Ses.	Dates	Time	Location
30180	S(6)	9/14-11/9	10-11:30 a.m.	OSX

XXX 841**Water Aerobics**

Wade into the shallow end! Use water resistance for effective exercise without swimming or getting your head wet.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location
30997	W(14)	9/4-12/11	6:30-7:30 p.m.	DC Instructor: Angie Carpenter
31136	W(14)	9/4-12/11	9:30-10:30 a.m.	CC Instructor: Debbie Warner
30994	F(14)	9/6-12/13	10-11 a.m.	DC Instructor: Linda Watson
31140	F(14)	9/6-12/13	11:50 a.m.-12:50 p.m.	EC Instructor: Buchie Lynch
31139	F(14)	9/6-12/13	10:40-11:40 a.m.	EC Instructor: Barb Cochnar
30995	M(14)	9/9-12/9	6:30-7:30 p.m.	DC Instructor: Angie Carpenter
31135	M(14)	9/9-12/9	9:30-10:30 a.m.	CC Instructor: Debbie Warner
32931	M(14)	9/9-12/9	11:10 a.m.-12:10 p.m.	EC Instructor: Ruth Lynch
30996	T(14)	9/10-12/10	10-11 a.m.	DC Instructor: Linda Watson

WRITING**WRI 158****Just Write! Let the Prompts Be Your Guide (NEW)**

Uncover your untold stories with timed free-writing exercises and prompts. Learn and practice writing techniques, with optional critiques and sharing. All levels welcome. Instructor: Debroah Amland.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
31244	S(8)	10/5-11/23	10-11:30 a.m.	Zoom

WRI 156

Magical Microcosms: Exploring Speculative Fiction (NEW)

Study stories of fantasy, sci-fi and magical realism through the works of Neil Gaiman, Isabel Allende and more. Learn how these genres captivate and engage through characters, conflict and the unexpected.

Instructor: Kris Faatz.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
30977	R(8)	10/3–11/21	10–11:30 a.m.	Zoom

WRI 133

Writing a Book

Learn to write a book of any genre. Explore material use, capturing and communicating ideas, essential details, beginning-to-end processes, editing and printing paths. Instructor: Leslie Atkins.

Total Cost: \$94 (Tuition: \$20 Fees: \$74)

CRN#	Day/Ses.	Dates	Time	Location
31096	T(8)	10/8–11/26	10 a.m.–12 p.m.	Zoom

WRI 118

Writing Intriguing Stories

This class boosts your creative writing, offering strategy, inspiration and insights into publishing, with guidance on crafting stories or book-length works. Instructor: Leslie Atkins.

Total Cost: \$99 (Tuition: \$20 Fees: \$79)

CRN#	Day/Ses.	Dates	Time	Location
30834	W(8)	10/2–11/20	10 a.m.–12 p.m.	Zoom

SAMPLING DAY EVENT

HIT 752

A Sampling of All Areas: Experience the Ultimate Sampling Day

Join our daylong SAIL program sampler! Explore art, tech, history, exercise, writing and photography. Register with this CRN#. Bring lunch for the hour-long break.

Total Cost: \$25 (Tuition: \$0 Fees: \$25)

CRN#	Day/Ses.	Dates	Time	Location
31257	W(1)	9/18	9 a.m.–4 p.m.	HV

ART 879

A Sampling of Art: Unleash Your Creativity

Experience art with a 50-minute demo class, offering basic drawing and painting skills, a small artwork creation and info on other SAIL program classes. Instructor: Nan Howard.

Total Cost: \$6 (Tuition: \$0 Fees: \$6)

CRN#	Day/Ses.	Dates	Time	Location
31252	W(1)	9/18	9–9:50 a.m.	HV

ART 974**A Sampling of Crafts: Jewelry Making with Wire Work**

Sample our jewelry-making class! During a 50-minute demo, practice simple wire work techniques and view potential projects that you could be making in an upcoming full-length craft and jewelry class.

Total Cost: \$6 (Tuition: \$0 Fees: \$6)

CRN#	Day/Ses.	Dates	Time	Location
33421	W(1)	9/18	12-12:50 p.m.	HV

FIT 146**A Sampling of Exercise: Exercise Your Way to Fun and a Healthy Lifestyle**

Join our 50-minute demo class to try fun exercise routines, learn safety tips and explore SAIL's full class offerings. Wear comfy clothes and shoes and bring water. Instructor: Maura-Leigh Ingegno.

Total Cost: \$6 (Tuition: \$0 Fees: \$6)

CRN#	Day/Ses.	Dates	Time	Location
31256	W(1)	9/18	3-3:50 p.m.	HV

HST 089**A Sampling of History: Hopkins Heroes**

Experience local history at CCBC with a 50-minute demo of our new course, Hopkins Heroes. Join lively discussions on William Halstead and explore more through the SAIL program. Instructor: Paula Mister.

Total Cost: \$6 (Tuition: \$0 Fees: \$6)

CRN#	Day/Ses.	Dates	Time	Location
31254	W(1)	9/18	11-11:50 a.m.	HV

PCO 434**A Sampling of Photography: Capturing Memories With Digital Photography**

Learn photography basics in a 50-minute demo class. Enhance photos with your digital camera. Discover more photography classes through the SAIL program. Bring your camera. Instructor: Lee Klima.

Total Cost: \$6 (Tuition: \$0 Fees: \$6)

CRN#	Day/Ses.	Dates	Time	Location
31255	W(1)	9/18	2-2:50 p.m.	HV

PCO 337**A Sampling of Technology: Bring Out Your Inner Techie**

Discover the world of computing with our 50-minute demo class. Learn about computers, keyboards and functions and get hands-on practice. Explore more classes offered by SAIL. Instructor: Lee Klima.

Total Cost: \$6 (Tuition: \$0 Fees: \$6)

CRN#	Day/Ses.	Dates	Time	Location
31253	W(1)	9/18	10-10:50 a.m.	HV

FRIENDLY SENIORS AT CCBC ESSEX

FALL 2024 SEMESTER

Wednesdays, October 2–December 11

In-person, CCBC Essex, Arts and Humanities Hall, Room 211

Join this group of senior students every Wednesday at CCBC Essex for three classes per semester. You'll enjoy learning experiences, interacting with other seniors and having a fun and informative time. Registration for **Friendly Seniors** is held at the first class session. Simply fill out a registration form and present a check for the payment.

For over 40 years, **Friendly Seniors** has been providing a fun and gratifying social learning experience. **Come along with us!**

History of Soviet Russia 1917–1992

10–11:30 a.m.

Instructor: Richard Caballero.

Windows into Big Band Jazz

1:30–3 p.m.

Instructor: Paul Faatz.

Better Health and Wellness for the Senior Adult

11:45 a.m.–1 p.m.

Instructor: Nina Bazemore.

For more information, contact Patrick Heline at pheline@ccbcmd.edu or **443.840.1036**.



OPEN HOUSE EVENT AT CCBC HUNT VALLEY

Saturday, January 11

10 a.m.

Join us at our FREE Open House to learn about the exciting and fun educational opportunities the Senior Adventures in Learning program provides for senior citizens around Baltimore County. Find classes that interest you, meet instructors, learn about our Lunch and Learn program and much more. Registration will be available on-site. To attend the open house, you must register for CRN #30196.

Please call **443.840.5830** to register by January 3, 2025.



BECOME AN INSTRUCTOR!

Do you have an expertise or talent you would like to share with the senior population?

The Senior program at CCBC is always looking for qualified instructors in the areas of land and water exercise, humanities, history and the arts.

For more information, contact Steve Edmonston at sedmonston@ccbcmd.edu.